

2009

Cress Creek Commons

COBRAS!



It's easy being green!

15-18s

Ruby “Scissor Kick” Dargento

Ruby had a very successful year as both a swimmer and coach. The six and unders all loved her and learned a lot from her. In the pool she had one of the best scissor kicks I have ever seen. Thanks for all of your hard work this season both in and out of the pool

Tracey “Bump, Set, Swim” Dispensa

Tracey was able to successfully balance playing volleyball and being a great swimmer and coach this summer. The little swimmers all loved coach Tracey. She always seemed to have a cheering section following her at both practice and meets. Thank you for all of your hard work and look forward to many more successful seasons as a Cobra!!

Alek “Frogger” Guettler

Alek had an extremely successful season as a swimmer and coach this summer. He really did it all this summer. He swam, coached, sang the national anthem, fought pirates and even saved many, many frogs from the gutters at the pool. Your hard work really made the Cobras a better team this season!!

Justin “Cross Trainer“ Hauter

During this off season Justin must have done a lot of training for this swimming season because he came back this summer faster than ever and very well prepared. We appreciated all of Justin's efforts at practice and we can't wait to see what he brings to the team next year. Great season Justin!

Adrienne “Miss Reliable” Jamieson

Adrienne was able to help the Cobras many ways this summer. In the water she never missed a practice and was a wonderful leader for the team. As a coach she tried her best to make sure that every swimmer improved and had fun everyday. Thank you so much for your hard work and commitment to the team.

Kathryn ”The Veteran” Jamieson

Kathryn's swimming career came to an end in the water this season after over 12 years of swimming for the team. Kathryn always tried her best at meets and really helped out the team this summer. We wish you the best of luck in college and we thank you for being such a big part of the team for a long time.

Ally “Helping Hand” Krause

This season Ally was very helpful to all of the coaches. She helped set up the pool, help with kids at meets, and even help out the coaches when they had their hands full. She also did a great job in the water this season. Thanks for all of you help Ally! It was greatly appreciated. We can't wait to see you back next year.

Lauren “GOOOOO!!!!!!!!!!!!” Kroma

Lauren added much spirit to the Cobras this summer. She would do anything to promote team spirit from leading cheers, to dressing up in costumes, and even painting her face. Lauren could always be heard at every swim meet shouting "GO!!" at the top of her lungs. Thanks for all of your hard work and spirit this summer.

Sophie around this season. We can't wait to see you next summer!

Troy “The Gentleman”Grady

Troy was one of the quietest but sweetest boys this summer. He always was listening to his coaches and quieting down the rest of his lane. He's improved greatly in his strokes and we all enjoyed his company this season. Hope to see you next year Troy!

Leah “Ms. Social” Jacobs

Leah was always found talking to the coaches, an adult, or really anyone that would listen. She really knows how to start a conversation and is a joy to talk to. She is a good listener and it really shows in practice because she always knew what to do. When someone needed help with something, Leah was always on the job. We loved talking to Leah and helping her improve. We will miss you Leah!

Logan “Mr. Excellent” Hoag

Logan was always prepared to do anything the coaches asked of him. No matter how cold it was or how long he was expected to swim, Logan was ready to try his best. Great job, Logan!

**Madelyn “Can we go together?”
Konrad**

Madelyn and Kaitlyn were in the same lane from day one and instantly became best friends. The two of them would always ask to swim down the lane together. Even when Kaitlyn wasn't by her side, she still showed her improvement in meets. Great job this summer Maddie!

Mike “Ladies Man“ Blaha

Whenever you would see one of the girl coaches, you could find Mike within a few feet from them. He was always sitting on their laps, hugging them or holding their hands. Mike was such a joy to have near us all the time and was a great help to the 7/8 relays. Mikes always there to make us smile and look forward to having him on the team next summer!

Nathan “Watch This” Kallstrand

Nathan really learned a lot this summer and became comfortable in the water. Every time he learned something new, he would want his coaches to see what he could do. We look forward to seeing you next summer!

**Ryan “The Sound Machine”
Budnik**

Wherever you were, you could constantly find Ryan because of his noises he'd make to go along with whatever was going on. From the chilly water to the games we played, Ryan was either yelling or howling about something. He had a great swim season and continued to make us laugh through the summer. See you next year Ryan!

Ryan “I got a new suit!” Liberio

One day Ryan came to practice with a brand new "fast" suit. He went up to the coaches and told them how he got a new fast suit and how fast he was gonna be. He was so proud of his suit and it obviously it was a fast suit because Ryan just got faster and faster. Great season Ryan!

Sophie “Scream Sister #2” Masini

Sophie and her two other friends would always be running around in a line behind the coach's screaming really loudly and just was always having a great time. This season Sophie made a great improvement in her swimming from the beginning of the season. She was always a joy to have around and was always smiling and laughing and just having a great time. We really enjoyed having

Katie “Big Sister” O'Dea

Katie did a wonderful job swimming and coaching for the Cobras this season. The younger swimmers really looked up to Katie and always wanted to be around her. She really acted like a big sister to many of the younger swimmers. Great job this season!!

Michael “Cannon Ball“ Okumoto

Michael made a successful comeback to the Cobras this summer after taking a year off. He helped the team in many ways throughout the summer. He was a great swimmer in the water, he was always talking to the younger swimmers on how to improve, and he even was able to cool down the coaches with his "dives" at meets.

Ryan “Delivery Man” Schickerling

Ryan was able to really deliver in many ways for the Cobras this year. He was a leader in the water always trying his best to improve. He delivered as a coach by doing anything necessary for swimmers to improve and have fun. He would also make sure the coaches were properly fed by delivering bagels/donuts for the coaches to eat. Thanks for everything that you have done for the Cobras this summer.

Abby “Inked Up” Smat

Abby worked extremely hard for the team this summer. She tried her best everyday and improved a lot throughout the season. Her hard work at practice won her many Cobra tattoos which were made very stylish this summer. You were a wonderful addition to the Cobras this season and look forward to seeing you next summer!!

**Maddie “Put that song back on!”
Blaha**

Whenever someone disapproved of a song during practice and wanted to change it if Maddie liked that song she would hop out of her lane and put it back on. Music must have really helped Maddie because she really helped out the team throughout the season. Thanks for all of your hard work in and out of the pool this season Maddie!

Kirsten “The Balancing Act” Cleary

Kirsten had a very busy summer this year. She was able to balance other activities with her swimming and still managed to have an excellent year in the pool. Kirsten always seems to be enjoying herself both in and out of the pool. Keep up your great spirit and we will see you next summer!

**Christian “Chicken on a Hill Champ”
Cores**

Christian loved playing games this summer. He loved them so much that he would stay and lead the games for the younger swimmers. In the pool, Christian worked extremely hard and had many time drops. He had wonderful team spirit and we look forward to seeing you next year!!

Jordan “Coaches Shadow” Cores

Jordan always wanted to be around the coaches this summer. He would help out at meets and stick around after practice to help. All of the time around the coaches must have paid off because Jordan had many time drops this summer. Keep up the great work!

Allison “GPS” Cowel

Allie started off the season having a tough time finding her way to the correct pool. When she finally found the pool, she did a wonderful job for the Cobras. She improved tremendously throughout the year and really helped the team out in many ways. We look forward to seeing you next summer!!

Danielle “Head Start” DiMatteo

Dani was one of the leaders of the 13/14s this year. She was always the first one diving into the pool in the morning, no matter how cold it was. Dani also seemed to always start a little before everyone else in practice. Thanks for all your hard work and we look forward to many more years of success as a Cobra!!

Mitch “I learned to swim” Evans

Mitch worked extremely hard on improving this summer. His strokes, especially his free style, drastically improved because of his hard work. Mitch brought a lot of fun to early practice this year. I hope to see you back next summer!!

Rachel “All around” Kennedy

Rachel always worked as hard as she could everyday without ever complaining. She was a great leader for the 13/14s and the team. Rachel really is an all around swimmer and excels in every stroke. She improved throughout the season and look forward to continued success in the future.

Ciara “Most Improved” McManus

Ciara really made a commitment to

swimming this summer. This was at almost every practice and always tried her best to improve. Her hard work paid off with many time drops throughout the season. Thanks for all your hard work and we will see you next summer!!

Nicole “Little Miss Smiley” Olsen

Nicki always seemed to have a smile on her face around the pool. It didn't matter if we were in the middle of a tough set or she was joking around with her friends, Nicki always looked like she was enjoying herself. Thanks for always bringing a positive attitude to the team!!!

Nolan “Flip-turn?” Roberts

Nolan really improved a lot this summer. Nolan is one of the teams best breaststrokers, but worked hard to improve his other strokes this summer. We still are working on those flip turns, but that gives us something to focus on next summer!!

Jon “Lead by Example” Sprague

Jon was an extremely hard worker this summer and he has wonderful strokes. He was one of the leaders of his lane while at practice. Jon never complains and always seems to enjoy being in the pool. Thanks for being a great part of the Cobras this season and hopefully we see you next summer!

Kaylan “Honorary Coach” Trobaugh

Kaylan was always helping the coaches at meets and practices. She would come early to help with lane lines and blocks before practice. At meets she was

Julliat “The next Americas Got Talent star” Peng

Among the 6 and under crowd, Julliat stuck out the very first day of practice. She was always singing the latest tune or showing us her new dance moves she made up. She not only stuck out with her talents out of the water, she shined like a star in the pool as well! Julliat never failed to make us laugh and we can't wait to see what she has learned next summer!

Kaitlyn “Sweet Pea” O'Malley

Kaitlyn was very well-liked among the 6 and unders. She always had a best friend or cute boy right at her side. Kaitlyn was such a joy to be around and always made us smile. Whenever we would correct her stroke or give advice, she'd politely thank us. She took our advice to heart, and showed it in her races with her constant time drops. We missed you while you were on vacation but can't wait to see you next year!

Kate “Scream Sister #1” Barz

After every practice, the three little girls would form a line and sneak up behind all the coaches then scream at the top of their lungs and run away. Her excitement was greatly shown in and out of the water. During practice she would always be laughing and playing around with the other girls in her lane. She always knew how to make people laugh and we enjoyed having her in our lane. Great job this season Kate!

Kathryn “I'll Try It” Keeley

Kathryn is always brave when it comes to trying a new stroke or drill. She was always one of the first to volunteer.

When the coaches gave her advise on how to improve she wanted to try it out right away and caught on very quickly. Kathryn was so much fun to have on our team and we can't wait to see you next year!

Kelly “Age Check” Zhou

During one of the swim meets a coach from the opposite team almost ordered an age check for Kelly because she won a race by so much! Kelly practiced with the 7-8 group this year and even lead the lane sometimes! She is a really great swimmer and a very hard worker and we can't wait to see her improvements next year!

Lauren “Gymnastics Star” Miranda

Lauren would always be hanging on to someone trying to do a flip off of them. Even when she was in the pool, with the coaches, and we would be in there with her she would be doing the same thing. She was great to have around and always knew how to make people laugh. This year she really improved herself in her swimming strokes and had great time drops. We loved having her around and getting to know her. We can't wait to see her next year!

Lauren “Smiles” Terlep

Everyday Lauren came to practice with a big smile on her face ready to jump in the pool. There was never a time when Lauren wasn't smiling. Even when the weather was freezing, Lauren's teeth chattered into a smile. Lauren had a very successful season and we can't wait to see her again next year.

couldn't stop showing us that she lost a tooth. Her bubbly personality really showed how much she loved swimming when her stroke improved dramatically.

Eve "Miss Sunshine" Osepek

Every morning Eve came to practice with a smile on her face and ready to go. She loved talking to the coaches and never failed to make everyone around her smile. We all enjoyed her polite and sweet personality. She improved a lot in her strokes and we are excited to see what she can do next summer. Great season Eve!

Finn "I only date older women" Hoffman

The very first day of swim practice, the coaches all tried to set Finn up with one of the other 6 and under girls. Finn quickly declined our suggestion by telling us he only dates older women and told past stories of his experiences with them. Finn attracts all the older girls by many things but mainly his speed in the water. He had such a great season and we can't wait to see him next year!

Fredrick "Wild Child" Yang

Freddy was by far the loudest and most energetic 6 and under we had. He constantly was jumping around, throwing things, splashing water and yelling at the coaches. His energy had a positive effect when he swam his events. He improved greatly this season and gave the coaches some entertainment during practice. see you next year Freddy!

Harrison "The Nutcracker" Boelke

In the beginning of the season Harrison was one of the quiet 6 and unders. Throughout the summer he really opened up to the coaches and showed his funny personality whether it was playing games, swimming laps or in private lessons. He improved amazingly this summer and we look forward to see him next summer!

Izzy "Can I go first?" Marcus

Whenever the coaches would tell the swimmers what to swim, Izzy would be the first one raising her hand to go first. She was very enthusiastic towards swimming and it showed when it came to the meets. Izzy became one of the fastest 6 and under girls and we look forward to her addition to the 7/8's.

Jessica "Diving Queen" Bauwens

When it came to diving, Jessie was always showing off her impressive dive. The coaches always asked her to demonstrate for all the other 6 and unders. Diving was always one of the hardest aspects of swimming for 6 and unders but Jessie seemed to catch on right away. Great job Jessie and cant wait to see you next summer!

Julie "Little Miss America" Majcher

The first day Julie's coaches noticed her pretty blue eyes and her cute new suit. Every morning Julie would come to practice dressed in her best clothing and always showed the latest hair style. She led her lane and showed her love for swimming in the meets. Great job Julie!

always cheering on the kids and even the coaches during their events. At practice she could always keep up with the 15/18s which helped her improve outrageously when it came to her events. Hope you come back next summer!

Becky "Miss Dependable" Welch

The team could count on Becky swim her best no matter what event she was put in. She helped the team out in so many ways and always had a smile on her face while swimming. Thank you for the great work this summer!!

Jack "Iron Man" Welch

Jack was one of the hardest workers on the team. He always tried his best at practice and his hard work paid off with great improvement in the pool. Jack also was willing to fill in with the 15/18s when needed. Thanks for all of your hard work and we look forward to continued success as a Cobra.

11-12s

Emaad "A+ Student" Abdul-Qadir

Emaad swam great this season and always tried his best. He had great determination during practice and improved a lot from meet to meet. You could always tell that he put a ton of effort into swimming and had fun doing it! Awesome work, Emaad, and we hope to see you next year! :)

Caitlin "Oh Snap!" Ailsworth

Caitlin had a great season this summer with many improvements. She also was one of our top 11-12 breaststrokers and helped out in the medley relay with it. Caitlin also wore a unique swim cap that

said "Oh Snap!" on it and with all of her time drops, that saying is very appropriate. Well done, Caitlin, and we look forward to seeing next year!

Emily "Silent but Deadly" Bauwens

Emily didn't say much during practice, but always worked hard and tried her best. And all of her work really paid off during swim meets. Emily had a great season and was very easy to coach! Awesome job, Emily, and we hope to season you next summer!

Sam "Newbie" Braida

This season was Sam's first year swimming on the Cobras. Sam did a great job and learned all of the strokes. He also had many time drops and improvements on his newly learned strokes. Congratulations on a great season, Sam, and we hope to see you next season! :)

Connor "The Lane Leader" Chong

Most days Connor would lead the lane for the 11&12's in lane 2. He was a very competitive swimmer and would always try his best in practice so he could be the one going first in his lane and leading the set. Connor did very well this season and we are looking forward to seeing him next year!

Lauren "Repunzel" Cleary

One thing that makes Lauren stand out is her beautiful long blonde hair. Some might think that all of that hair would slow someone down, but that definitely is not the case for Lauren! Lauren has had a great season with working hard and having it pay off at swim meets. Awesome job! See you next summer!

Andrew “Superman” Cores

Andrew was always the first one in the water and starting the warm up at the 11&12's practice. He always lead the lane and was a role model for the others. Andrew never complained during practice, we are all looking forward to seeing him next year.

David “110%” Gehrs

David always tried his best when in the water. He gave more than 100% of effort and it really paid off with great time drops! David was also always positive and had great enthusiasm during practice. Congratulations, David, and we all hope to see you next summer!

Hunter “Lane Cop” Haldimann

While Hunter was swimming he would always tell the coaches if there was anyone jumping off of the bottom or not doing the whole entire set. Hunter had a great year and we are all looking forward to him swimming next year.

Harrison “The Professor” Hallstrom

When not wearing goggles, Harry would be seen wearing his glasses, which gave him a very intelligent look. Harry also has a great knowledge of all of the strokes and can swim them perfectly. He is a great all around swimmer and even swam up in the Classic meet to help out our 13-14 boys! Great job, Harry, and we hope to see you next summer!

Shea “Mr. Classic” Hauter

Shea had a great season and helped the team out tremendously throughout the

season. He has able to save his best for last this year managing to make three city times at Classic. Thanks for all of your hard work and we will see you next summer!!

Jake “The Negotiator” Hoffman

Jake was always trying to make deals with Coach Ryan or Coach Marcie during practice, whether it was about getting out just 5 minutes earlier or to have a fun Friday on a Tuesday. He would plead his case but most days the coaches would keep the 11&12's in until 9:30. And there were some days where Jake's persuasion skills got the best of us and we let the group out early. He was fun to have in practice and we hope to see him next summer.

Devin “11 going on 13” Jacobs

Devin had an outstanding summer and successfully swam up in 13-14 events at a couple of meets. She is a great all around swimmer and practices just as hard as she swims at meets. Awesome job, Devin, and we hope to see you next year!

Caitlin “Lean, Mean, Swimming Machine” Kennedy

Caitlin stepped up this year and practiced with the 13/14's and 15/18's this year. She was always working hard in practice which helped her become the swimming machine she is now. On top of being fast in the water she was very nice to all of the other cobra swimmers. Caitlin had a great season and the coaches are looking forward to seeing her again next summer.

Zoe “Can you repeat that again please?” Staggs

Zoe always put so much effort into practice she was sometimes too tired to hear the next set her coach was giving. Her coaches really appreciated all of the effort she put into practice and are so proud of her. We can't wait to see you again next summer Zoe. Great season!

6 and U's (alpha by 1st name)

Aiden “Leap Frog” Stevenson

Everyday at practice Aiden would be jumping in all the time and would always be splashing around and having fun in the water. When we had to get in the pool he would continuously keep jumping in. He always had tons of energy and it did him good. It would make him do a great job while he was swimming and would just make him a joy to have around. We really enjoyed his positive attitude towards everything. We cant wait to see him again next year!

Brock “Tree Hugger” Lee

Brock had a great season and made lots of healthy choices. At swim meets Brock would always eat his fruits and veggies for snacks instead of Cow Tails. They must have really made him strong because he had numerous time drops during the season. Great job Brock we can't wait to see you back next year!

Caroline “these goggles don't work” Dixon

Caroline would come to practice always happy and when we would be playing games she would have no problem and would be having fun. But once it was

time to get in the water she would somehow always have a problem with her goggles. Although she did have problems with her goggles she did a great job at practice and in the meets. She improved a lot throughout the season and we can't wait to see her next summer!

Charlie “Its too cold!” Kennedy

Charlie was always complaining about how cold the water was and how he didn't want to get in. But when we would ask him to get in he would always get in even if he was right about it being freezing. Charlie improved a lot this year. We really enjoyed having him around this year and can't wait to see him next year!

Christopher “Iron Lungs” Brown

Throughout the season Chris has truly proven to have iron lungs- this boy can hold his breath forever. The most impressive display of his lung capacity is when he swims a 25 in 4 breaths as a six and under. Chris showed a ton of improvement this year great season we hope to see you next year.

Claire “Silent but Speedy” Brown

Claire was one of the fastest girl 6 and unders this season. Although she was a quiet one, she constantly listened and showed her speed in practice and at meets. She had a successful season and was a great addition to the team. See you next year Claire!

Ella “Loose Tooth” Eckholm

In the beginning of the season, Ella was sometimes shy but we found out one meet that she was very energetic about her loose tooth. From then on, she

for her age. She always surprised us with how much she knew and could talk about. Mikayla had a great season in the water and we can't wait to see her back next year acting 18.

Naglis “Question Man” Subacias

From the first day of practice till the last Naglis was full of questions. He was curious about everything and sometimes his coaches didn't even know the answers. But Naglis never let his curiosity get in the way of his swimming and had some incredible time drops. Awesome job Naglis.

Owen “Not-So-Secret Admirer” Jacobs

Owen had a crush on a certain coach, I'm sure everybody knows who, and he wasn't quiet about it! Some days he would bring flowers, other days he would bring hand drawn pictures of himself and this coach. Although you would think this is distracting, he somehow managed to excel in his love life and in the pool! Owen was one of our strongest 7-8's and a great kid all around!

Quinn “Your head is bleeding!” Radeke

One day Quinn came to practice with a red dot in his hair. He scared all of the coaches into thinking his head was bleeding. Quinn's red hair didn't go away for the longest time. Someone new always thought Quinn was bleeding. Quinn had a great season and we can't wait to see him back in the pool next summer.

Riyaa “Jumping Bean” Khan

No matter what the temperature was in or out of the water Riyaa was ready to jump in. He was rarely cold and whenever you looked at him he would be bouncing around like a jumping bean. Riyaa had a great season and many time drops. Nice job Riyaa!

Tom “Stud” Welch

Tom was one of the few younger swimmers to practice with an older age group. Not only did he practice with the 9&10s, he also took turns leading a lane! He always gave his all in practice and it really showed in his races! All the coaches really look forward to see what he will do next summer! Awesome job Tom!

Tommy “Rebel” Patsavas

Tommy was a strong swimmer, but some days he had trouble getting in the pool. The coaches tried to persuade him to get in the pool and after a couple minutes he would give in. Although he would miss out on the beginning of practice he would listen when he got into the pool. Tommy had a very good season this summer and the coaches can't wait until we see him again next year!

Zoe “Herbal Essence” Koulos

Once Zoe arrived for the first day of swim practice, the coaches noticed something different about her. It was her new hair cut! Zoe has great voluminous hair, but it didn't slow her down in the pool! Zoe had many time drops and was a strong 7-8 swimmer. Great season, Zoe, and we hope to see you next summer!

Camraan “Yes you khan!” Khan

Camraan had a great season this summer and never gave up! He worked really hard at practice and really improved on his strokes. Camraan had great determination and showed that he "khan" do anything he puts his mind to! Camraan, great job this summer and we hope to see you next year!

Dree “Breaststroke Beauty” Kinder

Whenever Dree was up to swim breaststroke she had a huge crowd. Her breaststroke impressed everyone on the team and made everyone want to watch. We can't wait to see her again next year and continue to impress everyone with that beautiful breaststroke. Great job Dree!

Peter “Sweet Shades” Koulos

Peter once in awhile wore really shiny aviator sunglasses that got everyone's attention, including the coaches'. When he wasn't getting attention from his shades, Peter would be swimming his best during practice and meets. Great season, Peter, and we hope to see you next summer! B-)

Taylor “Rachel Ray” Kroma

Taylor really got into cooking this year and decided to make tasty snacks for all of the coaches. She would bring them cupcakes, cookies and other delightful pastries after swim meets and during practices. Thanks for all of the great food Taylor and congrats on such a successful season in the pool.

Lauren “Gossip Girl” Liberio

Lauren was always very talkative

whether at 7 in the morning for practice or 9 at night for the swim meets. She would always inform the coaches on the news about anything. Lauren is a very talented swimmer and will do great in the years to come. Good job this year Lauren and we hope to see you next year.

Nicole “Kicking Queen” Marcus

Everyday Nicole would practice with the older age groups in the early morning and would always be working hard. When the kicking sets came along in practice she was always the first one to finish including all the 15-18's. She had a great season this year and are looking forward to seeing her again next year

Sean “Last But Not Least” Metzger

It sometimes took Sean awhile to get into the pool at the beginning of practice. But once Sean hopped in, he made up for lost time. From his strong efforts during practice, Sean had a lot of time drops. He also sped his way up to being one of our strongest breaststrokers. Awesome job, Sean, and we hope to see you next summer!

Kyra “New Kid on the Block” Moore

This was Kyra's first year swimming and she did a great job with huge improvements! She tried her best and it really showed from where she started to where she is now! Congratulations, Kyra, we hope to see you next year!

Savannah “MIA” Mudd

This was Savannah's first swim season and she started out great! But over time, Savannah started not coming to practices or meets, and became Missing In Action.

We hope to see you more next season, Savannah!

Breanne “Monarch” Mullins

Breanne is one of the few who enjoys butterfly. She is also very good at it and always helped out her medley relay with her wonderful butterfly stroke. Breanne swam great at practices and preformed awesome at meets. Great job, Breanne, and we look forward to seeing you next year!

Lucas “Do we have to?” Olsen

It was always tough for Lucas to realize that yes, you do have to swim at swim practice...But once he got started he did a great job! With all of Lucas's hard work at practice, he really had a great season with great improvements! Awesome season, Lucas, and we hope to see you next summer!

Karina “World Traveler” Peggau

Karina made some wonderful strides in the pool this summer. She volunteered to wake up early and practice with older kids which really helped travel through the water faster. She also had some great stories to share about some of the vacations she went on. Thanks for all of your hard work!!!

Andrew “Frog Man” Pell

Andrew is a strong all around swimmer, but he specializes in breaststroke. He is one of our top breaststrokers and swam it whenever we did 100 choice. Andrew gave his all this summer and had a great season. Awesome job, "Frog Man", and we look forward to seeing you next year!

Ian “Lane Jumper” Radeke

Ian was never happy staying in one place. During practice, he was always moving in between the two 11-12 lanes. And with all this movement, it really helped him with his endurance and improved in all of his strokes! Great season, Ian, we hope to see you next summer!

Patrick “Jazz Hands” Ramatowski

One fun Friday the coaches decided to do a fun 200 I.M and we would have winners who did the best 50 of each stroke. While we were doing the backstroke we did the drill jazz hands where while you have your hands in the air in backstroke you wave. Patrick had the best wave out of all the 11/12's and was proud of it. Pat did a very good job this season and tried everyday at practice. We are all hoping to see him next season!

Ellen “Miss Manners” Royal

Ellen was a very nice girl she never complained during practice and she always did what she was told. She had a great summer and worked hard with many time drops! Congrats on a great season, Ellen, and we hope to see you next year!

Morgan “Best Dressed” Stevenson

Almost everyday, Morgan came to swim practice wearing a cute dress over her swim suit. Besides all the cute outfits, Morgan has come a long way since the beginning of this summer and has worked hard in the pool! Great season, Morgan, and we look forwarding to seeing you and your nice style next summer!

great job this season and we can't wait till next summer to see her again. Don't forget... your mother loves you!!!!!!

Katrina “Miss Giggles” Kiefer

Every day at practice Katie would always be giggling uncontrollably. She always had a smile on her face. Even when the practices got harder throughout the season, she kept on giggling. She also had some amazing swims and time drops. Nice season Katie!

Kenny “Wild Thang” Jenkins

Kenny was always bouncing off of the lane lines and ready to have a party. He always had a smile on his face and put forth lots of effort. Kenny had a great season and we were very lucky to have him on the team. We hope to see you back next season Kenny. Nice job this year!

Lainey “Rugrat” Eckholm

Whenever Lainey was not at practice or a meet she was always goofing around and giggling, just like the Rugrats! Lainey was one of the swimmers who the coaches would look to be put in a good mood! She was goofy, but when it came to practice you could always count on her to work her hardest! Lainey is a great girl and the coaches are looking forward to seeing her next summer!

Lizzy “7&8 swim star” Caine

Lizzy had a really great season this year! She was one of those swimmers that the coaches could always count on to win a race! Lizzy is a really sweet girl as well as a fantastic swimmer and we can't wait to see her next year!

Luke “Invincible” Boelke

Luke was very tough in and out of the pool. In the water he would never complain about the swim set in practice or if the water was too cold. On most days we would play games with the 7/8s and Luke was usually one of the top 5 kids left when we would play octopus or sharks and minnows. He also tried very hard during practice which made him a lot better and it showed this year in the meets. Nice job Luke!

Luke “Can I go first?” Hallstrom

At the beginning of every set we could always expect Luke to beg to lead the lane! His eagerness to swim in practice showed the coaches how much he wanted to improve. Luke had a great season overall, probably due to his competitive and hardworking nature. Luke was always a lot of fun to be around and we can't wait to work with him next summer!

Michael “The Rock Climber” Miranda

While the 7&8s were sitting in the circle out on the blacktop before every practice, Mike would be climbing the basketball pole with ease. Everyday we told him to get down and be careful but he was determined to make it to the top. Like climbing, Mike was also determined to swim and become the best that he could. He had a great season and the coaches can't wait until we see him next summer!

Mikayla “7 going on 17“ Saad

Mikayla was one of the most mature 7-8's on the team. She knew how to have a conversation and acted very mature

Giavanno “Italian Stallion” Long

Giavanno was always in the water the whole practice no matter how cold the water was, and he never complained. Some days when the coaches would play a game with the 7&8's he would be able to hold his own against them whether it was Sharks and Minnows or Steal the Bacon. Giavanno had a very good season and we are looking forward to seeing him next year!

Grace “Smiley” Barz

Every time you would see Grace, whether it was during a hard set or just hanging around, she would always have a huge smile on her face! She definitely brightened everybody's day! Grace is a great swimmer and girl in general and we all are excited to see her improve and brighten our days next summer!

Grace “Thing 2” Vanderwater

Throughout the year Grace became good friends with Aerin and they were always together! During practices they would talk and play, but they must have been good multitaskers because both made a ton of progress this summer! Grace always tried her best during practice and it certainly showed through her times! Great season Grace!

Greta “Queen of Laughter” Thorne

Greta was always having fun at practice and never complained, she had a great attitude towards swimming and made a fun time out of it in practice by laughing. She became friends with Anya throughout the season and then they were both found laughing in the pool. Greta made the 7/8's practices go by fast with her good personality. On top of being joyful she was also a strong

swimmer and had a great swim season this summer. Good job Greta we can't wait until we see you next year!

James “Mr. Manners” Royal

Everyday when James came into swim practice he would do what he was told and would always be paying attention. He was one of the few 7&8's who kept their head above water while a coach was talking.

Kamryn “tebahpIA” Kolnicki

Kamryn was not only talented at swimming, she could also recite the alphabet backwards in around 3 seconds. She improved a lot this season because of all her hard work in practice and lessons. She made a big contribution to this team and, we hope to see her next summer!

Kate “Scuba Diver” Radeke

Kate was a joy to have in practice and always anxious to swim. Although whenever we were explaining the main set, she'd always be under water. Since Kate was underwater most of practice she was a quick learner because she had always done the set correctly. She had a great season and we hope to see her next year!

Katrien “Lane Line Keeper” Dewaard

At practice Katie wanted everything to be in order. One thing she did not like was when the other swimmers in her lane were not in the order the coach had given them. Katie got right on that and straightened everyone out. Her order was very much appreciated and kept everyone swimming. She did a

Alex “Take it!” Trannon

During practice and swim meets, Alex was always there to make the coaches laugh. Alex also enjoyed to cheer on his team mates and when practicing starts, Alex would shout "Take it!" after "Take your marks" was said. Besides keeping the coaches great company, Alex had a great swim season. We hope to see you next year, Alex!

Brian “Energizer Bunny” Welch

Brian had great energy in and out of the pool this season! In the water, Brian had many time drops and became one of the fastest 11-12 freestylers. He was a great asset to both the Medley and Free relays. Awesome job, Brian, and look forward to seeing you next summer!

9-10s (alpha by 1st name)

Abby “What are we doing?” Stevenson

Abby always wants to know what's going on,. This was a great question to ask because most of the time it made it more clear for the other swimmers as well. She grew a lot as a swimmer this season and she was wonderful to have in the lane. Great job Abby! See you next year.

Alexa “Little ray of sunshine” Haldiman

Alexa always has a smile on her face and always greeted the coaches happily whenever she saw them. The coaches could always count on her to be in a good mood and to brighten everybody's days! Alexa made a lot of improvements this summer and we are all excited to see her next year!

Alia “Butterfly is OK” Trannon

Whenever Alia was asked what she thought of butterfly she would always say its ok. We asked her this question due to the fact that she has a very good butterfly. We hope she will learn to say “I love butterfly”. It was a joy coaching you and we will see you next year.

Alice “Wait, What?” Zhou

After the coaches would explain a set, it was always Alice that wanted a little clarification. This was actually a great thing because it made every swimmer in the lane do the drill or set perfectly! Alice was a really nice girl and a very hard worker! Great season!

Allison “Rookie” Grady

This was Allison's first year with the Cobras and she really had a successful season. She had many time drops throughout the season and she always looked like she was having a good time. Thanks for all of your hard work and we will see you next summer!!

Amanda “Small but Mighty” Bauwens

Amanda is definitely not what you would expect for a strong swimmer, because she is so little! But that certainly doesn't stop her from being a great swimmer! Amanda would always surprise the coaches with how fast she has gotten! Awesome season Amanda! We can't wait to see you next year!

Analiese “Waterbug” Guettler

Every time one of the coaches would be lifeguarding, Analiese would always be there swimming. Analiese loved the water and swimming and you could tell! She always had great swims at

meets and she was a swimmer the coaches could count on to swim well. Great season Analiese! We can't wait to see you after the season is over swimming at the pool! :)

Ari “Morale Booster” Budnik

Throughout the season there were hills and valleys in the team's morale, due to weather, but it was all hills for Ari! She was always in a great mood and helped put others there too! She tried her hardest in practice and pushed others to do the same! Awesome job this season Ari! We can't wait to see you next year! :)

Ashley “Backstroke Beauty” Maul

Ashley has a beautiful backstroke and really worked hard this summer! She practiced hard, preformed great at swim meets and looked good doing it with cute bows in her hair! Ashley, you did an awesome job this summer, and we hope to see you next summer!

Azaan “Lane Leader” Khan

Azaan always took control in his lane and volunteered to go first the first day of practice when no one else would. Azaan continued to work hard in practice and really impressed the coaches with his time drops. Nice season Azaan!

Becca “Pippy Longstocking” Gilbert

Everyday Becca wore her hair in braided pigtails! Although they were not nearly as wild as pippy's, they were still cute! The coaches could always count on Becca to give practice her all and have fun doing it! Becca made some great improvements this year and we are

excited to see what she can do next season! Great job Becca!

Ben “Early Dismissal” Hoffman

Ben always gave 100% at practice but his patience only lasted for so long. Ben would always try to cut out of practice early even if it meant only swimming for 10 minutes! Ben had an awesome season with lots of time drops and we really enjoyed coaching him this summer. Great job Ben! We can't wait to see you again next year! :)

Ben “Buzz” Parsons

This season Ben began with this long blond hair and with 3 weeks left in the season, he buzzed his hair. The short hair really works for Ben because he has made some major time drops since the hair cut! Congratulations on a great season and hair cut, Ben! We hope to see you next season!

Cami “Spiderman” Bilardello

One day during practice Cami's goggles broke, so she wore Spiderman goggles from the lost and found and we have to say, it was a great look for her! In addition to that, her favorite drill is Spiderman. Cami was always really fun to have in practice and always tried her best, and it definitely paid off in the end! We all really look forward to seeing her next summer!

Carl “Big Hair” Christiansen

Ever since the first day of practice the coaches were impressed by how big Carl's hair was. Carl didn't want his big blonde hair to get in the way of his swimming so he wore a green cap to show his Cobra spirit. By the end of

drops. Congratulation on a great season Bhavika!

Charlotte “I'm ready to go!” Keeley

In the beginning of the season the 7/8s had some trouble getting in an order that would make sure that no one would run into each other. Once the coaches warmed up to the 7/8's we had found an order that worked Charlotte was one of the 7/8's who listened to this order and would always tell the coaches she was ready to go when her turn came along. Charlotte had a great swim season this summer and we can't wait see her next year.

Connor “Mr. Intellectual” Wagner

Connor loved to talk to the coaches and say his opinion. He would always listen to the coaches' conversations and have something to comment on. Connor always made himself known by the coaches and he was always fun to talk to. He had a great season this summer and we are looking forward to having funny conversations with him next summer.

Corey “The Quick and Quiet” Huang

Corey was a very good 7&8 swimmer, he wasn't very loud in practice but in the meets he was very noticeable by his swimming ability. Corey is a very talented swimmer and I think he can go very far in the sport. Not only was he fast he also was a very good listener during practice. Good job Corey, we all hope to see you next year!

Daniel “Loudmouth” Egbers

Daniel was very talkative from the beginning of practice until the end of the day. He always started conversations

with the coaches or other swimmers in his lane. He was very fun to have at practice and he would always fill us in with the recent news going on in his life. Daniel was a joy to have at practice and he improved this year too. Good job this year Daniel we hope to see you next year!

Daniel “Can you fix my goggles?” Zhao

Daniel was a very good swimmer in the pool and was very talented, although his one weakness was his goggles. Everyday Daniel would come up to one of the coaches and ask for help to put on his goggles. As soon as we got them on, Daniel would jump straight in the pool and get to swimming. He has improved a lot over this season and we are looking forward to another one next year!

Drew “Nice Guy” Terlep

Drew was always so polite at practice and swim meets. He always was nice to the other swimmers in his lane and to all of the coaches. Not once the whole season did Drew have a negative attitude or not use his manners. Thanks Drew for being such a nice guy and working so hard in the pool. Awesome job Drew!

Dylan “Old Timer” DiMatteo

Dylan practiced the whole year with the 7-8 group until the day he turned 9! From then on he would practice with the 9-10 group, which must have been quite a change for him! Dylan tried his hardest every practice, and handled the change in groups like a champ! The coaches can't wait to see him next summer!

Sophia “Gymnast” Dimonte

Whenever there was down time during practice, Sophia would be practicing her handstands, summersaults, and back flips in the water. She gave 110% at practice and always did as she was told. Sophia was very entertaining and we all loved chatting with her at meets and practices. Sophia had an excellent season and we look forward to seeing what she brings to the team next year! Awesome job Sophia! :)

Stephanie “Phemale Phelps” Roberts

Stephanie really shocked the coaching staff with her incredible improvements this year! Her best stroke, butterfly, is destined to break some world records! Stephanie had a really great season and the coaches can't wait to see her on TV. winning gold medals!

Vaughn “It's My Brother's Fault!” Hallstrom

Whenever Vaughn wouldn't have breakfast or was a little late to practice, it was always his brother's fault! When conditions were right, though, Vaughn was a really hard worker and would do whatever he needed to to make him better! Vaughn is a really fun, laid-back kid who always tried his best! Great season! We can't wait to see him next summer!

7-8s (alpha by 1st name)

Aerin “Thing 1” Shaver

Wherever Aerin went Thing 2, Grace V., would be with her! During practice they would laugh and talk together all the time! Aerin was a really great addition to the team this year and made a lot of great improvements! Great job!

Andrew “The Turtle” Osepek

In the beginning of the season Andrew didn't now many people and was new to the team so he was a little shy. But that didn't last long, Andrew decided to come out of his shell and ended up making friends with the other 7&8 boys. Not only was he becoming more social throughout the season he was also getting faster in the pool. He had a great season and all the coaches are looking forward to another good season next year.

Anya “Toothless” Ailsworth

Everyday the coaches could count on Anya to give us an update on her current dental situation. First it was "look at my wiggly teeth!" and now all you need to do is see her big smile and you know! Anya was always a pleasure to have in practice and never complained about anything! We are all excited to see her new teeth and improvements next summer! Fantastic job this year!

Bella “Queen of the Towels” Gehrs

Bella was always one of the kids to get very cold in the middle of practice. Since Bella is so small she got cold so easily and always asked to get her towel. Even though Bella would have to get her towel sometimes she would always get back in once she warmed up and kept on swimming. Great season Bella!

Bhavika “Pretty In Pink” Kagathi

Everyday Bhavika wore a pink suit with a pink cap. She was one of the most girly swimmers in her lane and knew how to wear pink. She had a great season and had numerous time

the season all of Carl's hair was always in his cap and he got even faster. Great job this season Carl. We can't wait to see you again next year.

Christain “Father Time” Weyneth

Time always seemed to be on Christains mind. Throughout practice I could always expect to know what time it was with Christain in my lane. In meets and practice Christain has shown improvement so we hope to see that continue see you next year.

Cole “Ring Leader” Jacobs

Cole was always found surrounded by his friends during and out of swim practice. Not only did he lead his pack of friends but, he also was a leader during his practice. He was very entertaining but always listened to his coaches. Cole was a pleasure to have at practice and always tried his hardest! Cole had a great season and we're looking forward to seeing even more improvements next year! Awesome job Cole! :)

Danielle “Cross- Trainer” Mullins

Danielle has many skills, in swimming and other sports! Whenever the coaches would tell the team to run around the ponds, Danielle would excel! Danielle would always try her hardest in practice but seemed to be sick for a lot of the season! We hope you are healthy all next season so you can make even more improvements! Great Season Danielle! :)

David “Mr. Goldilocks” Blaha

Dave has some pretty crazy and at times, stylish hair! He was always styling his hair during down time at practice and we

loved seeing his "bed head" in the early mornings. We enjoyed coaching Dave and can't wait to see him next year for another great season! Awesome job Dave! Don't forget to take good care of those locks and maybe you will get future modeling offers! :)

Eliza “Coaches Shadow” Peng

Not a meet went by that the coaches didn't have Eliza behind the bench she was always there cheering Cobras on as well as asking questions so that she better understood swimming. We could always count on her to be there with us. She was great to have in the lane this year see you next summer.

Emily “Little Miss Sunshine” Caine

Emily always came to practice in a great mood, ready to swim. She always did what she was told and never complained. Emily had many improvements this year and we enjoyed seeing her smile at every meet and practice. We can't wait to see you next summer! Awesome job Emily! :)

Emily “Coach's Assistant” Liberio

Unfortunately, Emily hurt her arm in the beginning of the season. But that didn't stop her from being a Cobra! She came to practice many days a week and every meet to cheer everybody on! Emily also hung out with and helped the coaches all the time! We had a ton of fun with her this season and can't wait to see her next season! Thanks for all your help, and get better soon!! :)

Emily “What are we doing?” Yang

Emily would always give 110% at practice so that she was so tired when the coach would be saying the next set she couldn't listen. When Emily finally caught her breath she would ask what we were doing. All of Emily's efforts at practice really paid off and she had a very successful season. See you next year Emily!

Jacob “Party like a Rockstar” Dewaard

Everyday before and after practice Jacob would be rockin out on his air guitar, with or without music. Jacob was definitely the next Guitar Hero on our swim team. Jacob also had a really successful season and had lots of time drops. We can't wait to see what he brings to the team next year.

Jared “Benny Goodman” Saad

Jared wasn't only part of a swim team this summer but part of a band. Jared played Clarinet in summer band. He would always talk about what happened in band after practices. Jared even had to miss swimming a few times for band. He still did a great job in the pool this year and we can't wait to see him again next year!

Jennifer “A for Effort” Benda

Jen had an excellent season this summer! We missed her for some time due to a surgery but as soon as she recovered she came right back to practice. She improved a lot throughout the season and always looked like she was enjoying herself. Great job Jennifer and we look forward to seeing you next summer!

Josie “Miss America” Kinder

Josie was an all around great girl and had one of the brightest personalities! She tried her hardest at every practice and meets and it really paid off! She was a great role model for the others in her lane. Josie improved a great amount this season and we can't wait to see what next summer brings! Great job this summer, Josie! :)

Katie “Great White” Moore

This was Katie's first year with the team and she made quite an impression. She was an excellent swimmer and she improved tremendously throughout the year. Katie always wore a shark swim cap which we think helped make her so fast in the water. You have a great season and we will see you next summer.

Madeline “Sweetheart” Thorne

Madeline was one of the swimmers that seemed to never be in a bad mood. Ever. She is always so nice to everybody around her and always gave practice her all! All the coaches thank her for her kindness and can't wait to see her next summer!

Maggie “Miss Dependable” Ramatowski

We could always count on Maggie for doing as she was told- no questions asked. She is a very polite and well-rounded 9/10 year old. She never complained about what she was swimming during practice or at meets. Maggie improved a great amount this summer! We all loved having her on the team and look forward to seeing her next summer! Awesome job Maggie! :)

Matt “Determined” Boelke

Matt is definitely one of the most determined swimmers on the team! At the beginning of the season he came up to the coaches and listed out exactly how much time he needed to drop in order to accomplish his goals. It was very impressive, and he certainly worked as hard as he possibly could in order to achieve them! Matt is a really great kid and a really hard worker! We can't wait to see you achieve all your goals next season!

Matthew “Mr. Chatterbox” Pell

Whenever there was a silence during practice, we could always count on Matthew to fill it! Whether he was telling us about his previous day or baseball statistics- he loved to chat with us! Matthew worked very hard at practice and in the meets and it paid off! Can't wait to see you next year! Nice job Matthew! :)

Maura “Breaststroke?!” McManus

Maura had a knack for every time we asked what they wanted to swim for practice her immediate response is “breaststroke” with a question excited tone. She is also a great leader and a role model for the younger swimmers she is always in the water and never complains about the sets in practice great job this year Maura.

Mickayla “Mighty Mouse” Homme

Mickayla is a small girl, but when you see her in the water she has quite a big presence! Mickayla is a really sweet girl and a really good swimmer! She had an awesome season and we are all proud of her times! We can't wait to see her next summer!

Morgan “Caretaker” Krause

Whenever the lane was getting too rowdy or loud, Morgan was there to “shush” them or break up a fight. We really appreciated all her help and she made coaching even more enjoyable. We all love talking to her because she acts so mature for her age. Morgan had an awesome season with many time drops! We look forward to seeing more improvements next summer!

Nicole “Do we have to do flip turns?” Mullins

When Nicole's lane was swimming freestyle or back stroke she would always ask if we had to do flip turns. It became an inside joke as the season went on. In the end the turns in practice paid off in the meet when I saw she had huge improvement on her walls. We hope that she will continue to improve and we want to see her back next year.

Nikhil “Pokemon” Tank

After practice Nikhil would always hang around the pool and play pokemon. Nikhil would always try to impress Coach Alek and Coach Lauren with his pokemon wisdom. Sometimes he would try to impress them in the middle of practice but they always reminded him to focus on swimming. In the end Nikhil had a great season. See you next year!

Samia “Can we PLEASE swim breaststroke?” Abdul-Qadir

Everyday at practice Samia would ask to swim a breaststroke set. Samia also loved to swim breaststroke in meets and had lots of time drops especially in breaststroke. Samia had a great season and we can't wait to see her again next season.